

# WHAT YOU DON'T KNOW ABOUT LYME DISEASE CAN KILL YOU!



Tick Biting Human

Nymphal ticks are the primary source for transmitting tick borne diseases to humans as they are rarely noticed because of their size: less than 2 mm (about the size of a poppy seed). Adult ticks are approximately the size of a sesame seed.

*Lyme disease is NOT the only tick borne disease!*

- |                               |                                |                   |
|-------------------------------|--------------------------------|-------------------|
| • Anaplasmosis                | • Babesiosis                   | • Bartonellosis   |
| • Ehrlichiosis                | • Lyme Disease                 | • Relapsing Fever |
| • Powassan Viral Encephalitis | • Rocky Mountain Spotted Fever | • Tularemia       |

## Be "Armed With Knowledge"

~ Know where to expect ticks. ~

~ Tick-proof your yard. ~

~ Wear light-colored clothing: hat, long sleeves, long pants & enclosed shoes. ~

~ Use insect repellent. ~

~ Shower or bathe soon after being outdoors. ~

~ Check yourself for ticks daily. ~

~ Also check children, infirm adults and pets. ~

~ Remove a tick as soon as possible. ~

~ Get tick tested by qualified professional. ~

~ If bitten by a tick, call your doctor. ~

**We are here for you**

**PIKE COUNTY**  
Pennsylvania  
**TICK BORNE DISEASES**  
**SUPPORT GROUP**

**Phone # 570-503-6334**

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