

### If you are **50 years and older...**

# the Shingles Vaccine

should be on your TO-DO list!



#### **FACTS**

- It is caused by the same virus that causes chickenpox. The virus stays in your body and can resurface any time as shingles – a painful, blistering rash. Even if you feel healthy, your risk for shingles increases as you get older.
- One out of three people will develop shingles. Risk factors include age (50+ years), weakened immune system (due to diseases, cancer treatments, medications), and history of chickenpox.
- The shingles vaccine (Zostavax®) can reduce the risk of developing shingles and its associated pain.

## WHEN

9 a.m. - Noon

Dec. 30, 2015

## **WHERE**

Sunrise Lake Community 101 Sunrise Drive Milford, PA 18337

You are eligible for vaccines at **LOW** or **NO COST** if you are:

- underinsured (your insurance does not cover the vaccine); or
- uninsured (you have no insurance)
  (Maximum \$5.00 cost payable by check or money order)

Please call the Pennsylvania Department of Health at 570-296-6512 to register or if you have questions.